

AVANT ELEMENTARY LUNCH MENU

October 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|--------|--|
| 1% Unflavored Milk FF Chocolate Milk Offered Daily | 1 Chicken Fajita Refried Beans Salsa Fruit Milk | 2 Meatloaf Mashed Potatoes Green Beans Fruit/Roll Milk | 3 Grilled Cheese Tomato Soup Broccoli Fruit Milk | 4 Spaghetti Carrots Garlic Bread Fruit Milk | 5 | 6 Breakfast-\$0 Lunch-\$0 Red BFast \$0 Red Lunch \$0 Extra Milk \$0.40 |
| 7 | 8 Beef Stew Saltine Crackers Broccoli Fruit/Bread Milk | 9 Oven Fried Chicken Mashed Potatoes Green Beans Fruit/Roll Milk | 10 Steak Fingers Potato Wedges Carrots Fruit/Bread Milk | 11 Meatball Subs Black Eyed Peas Peas Fruit Milk | 12 | 13 |
| 14 | 15 Hot Dogs French Fries Carrots Fruit Milk | 16 Tacos Refried Beans Salsa Fruit Milk | 17 Pizza Romain Salad Green Beans Fruit Milk | 18 Country Fried Steak Corn Broccoli Fruit Milk | 19 | 20 |
| 21 | 22 Hamburger French Fries Carrots Fruit Milk | 23 Taqitos Refried Beans Salsa Fruit/yogurt Milk | 24 Chicken Sandwich French Fries Broccoli Mac & Cheese Fruit/Milk | 25 Beef Spanish Rice Refried Beans Salsa Sliced Bread Fruit/Milk | 26 | 27 |
| 28 MENU SUBJECT TO CHANGE | 29 Pizza Romain Salad Carrots Fruit Milk | 30 Chicken Fajitas Chili Beans Salsa Fruit Milk | 31 Meatloaf Mashed Potatoes Green Peas Roll Fruit/Milk | | | This institution is an Equal Opportunity Provider and Employer". |

